#### Laura Knutson, Carleton

Week of: 2009-05-04



Carleton College sophomore **Laura Knutson** (Edina, Minn.) rebounded from a tough first round to post an eight-over par 81 to finish ninth at the Blugold Pre-D3 Championship Invite. The field battled fierce winds of 25-35 mph in Saturday's first round. Knutson's final-round score was the third-lowest in a field that included Golfstat's #1, #10 and #17 teams in the nation. She was the highest MIAC finisher in the field. Her performance helped the Knights finish fifth of 11 teams and set the Knights' single-season school scoring record.

### Johanna Frykmark, Augsburg

Week of: 2009-04-27



Augsburg College sophomore **Johanna Frykmark** (Stockholm, Sweden/Rollingby Gymnasium) shot a career-best four-over-par 76 to earn medalist honors at the Macalester Spring Invitational held at Highland Golf Course in St. Paul on Saturday. Frykmark shot just the fourth round in the 70s in the history of the Augsburg women's golf program and the second-best round in school history. Frykmark's previous career-best round was 81. As a team, Augsburg shot a single-round total of 366 -- its best round since the 2004-05 campaign -- to win the three-team meet.

# Katie Schenfeld, Gustavus

Week of: 2009-04-22



Gustavus Adolphus College sophomore **Katie Schenfeld** (Indianola, Iowa) finished first individually with a career best 36-hole total of 74-76--150 at the St. Thomas Invitational played at Pebble Creek Golf Club in Becker, Minn. Schenfeld's total is the fourth best 36-hole score in program history. As a team, #3 Gustavus placed first out of 13 teams, 17 strokes ahead of #2 UW-Stevens Point.

#### Jordan Matheson, Macalester

Week of: 2009-04-13



Macalester College senior **Jordan Matheson** (Vancouver, B.C./The Nichols School) won the Carleton Spring Invitational with a two-day total of 156. After opening with a first nine of 43 (seven over par), Matheson played the next 27 holes in only five over par to win the tournament at the Northfield Country Club. The tournament field featured four schools ranked in the top 12 nationally and 61 total golfers.

# Laura Heck, St. Thomas

Week of: 2009-04-06

Page 1

University of St. Thomas junior **Laura Heck** (Hibbing, Minn.) won a scorecard playoff to earn medalist honors in a field of 56 golfers at last weekend's Wartburg's Invitational. Heck shot a 76 in cold and wind to lead St. Thomas to a third-place team finish out of nine teams. The final 18 holes of the invite were cancelled due to snowstorm in northern lowa.

# Laura Heck, St. Thomas

Week of: 2008-10-07



University of St. Thomas junior **Laura Heck** (Chisholm, Minn.) repeated as medalist at the 2008 MIAC Women's Golf Championships as she shot 77-81-80/238 to win by five strokes. Heck bested 49 other golfers to claim her fourth consecutive meet medalist honor of the fall season. She becomes the fourth player to win two MIAC medalist honors and gives St. Thomas the medalist crown for the sixth time in seven seasons. As a team, St. Thomas took second place, nine strokes behind first-place Gustavus. The 2008 MIAC Golf Championships were held October 4-6 at Bunker Hills Golf Course in Coon Rapids, Minn.

# Laura Heck, St. Thomas

Week of: 2008-09-29



University of St. Thomas junior **Laura Heck** (Chisholm, Minn.) had her low round of the season with Saturday's 73 and came back to shoot 80 and finish first at 153 in a field of 69 players at this weekend's UW-Stevens Point Invite. Heck helped the No. 7 Tommies tie for first place against No. 8 UW-Stevens Point and beat nationally-ranked UW-Whitewater and Carleton. Heck has won medalist honors in three of four fall tournaments, and six times over the last 13 months. She leads the MIAC this fall with a 78.1 stroke average.

# Kimbra Kosak, Gustavus

Week of: 2008-09-22



Gustavus Adolphus College senior **Kimbra Kosak** (Grand Rapids, Minn.) shot 78-75--153 to finish in fourth place in the Southwest Minnesota State Invitational. In a field of 15 Division II teams and only two Division III teams, Kosak's nine-over-par led the Gusties to a fourth place team finish. As a team, Gustavus finished with a 322-315--637 (+61).

#### Laura Heck, St. Thomas

Week of: 2008-09-15



University of St. Thomas junior **Laura Heck** (Chisholm, Minn.) won medalist honors for the second week in a row to help No. 7-ranked St. Thomas share second place out of 15 teams at the Midwest Classic tournament, which concluded a two-day, 36-hole run on Sunday in Ham Lake. Heck shot 78 on Sunday, one of just three in the field of 98 players to break 80 in the final round. After her 79 on Saturday, Heck started the final round three strokes out of the lead. She now has a 78.7 stroke average in six rounds this fall.

# Kathryn Hauff, Saint Benedict

Week of: 2008-09-08



College of Saint Benedict first-year **Kathryn Hauff** (Fargo, N.D./Shanley) posted a 78 on Friday during the Cobber Open at Wildflower Golf Course to enter in a four way playoff for medalist. She made par on the first two holes to defeat Katrina Wood of Carleton, and a pair of golfers from NDSU. This paced the Blazers to a season low score of 333 and a second place finish behind Division 1 NDSU and ahead of all other MIAC schools. On Saturday and Sunday, Hauff posted scores of 80 and 82 to lead the Blazers to another runner up finish behind NDSU and 19 strokes ahead of third place Concordia. Hauff's total on Saturday and Sunday put her in a tie for eighth place, one stroke out of fifth.

#### Katrina Wood, Carleton

Week of: 2008-09-08



Carleton College senior **Katrina Wood** (Duluth, Minn./Marshall School) finished tied for second and solo fourth at this weekend's Cobber Open and Concordia Invitational, respectively, both at the Wildflower Golf Club in Detroit Lakes, Minn. She was the top MIAC and Division III finisher in the Concordia Invite, firing a final-round three-over par 75, matching the Carleton record and recording the tournament's low round to finish behind three Division I players. In Friday's Cobber Open, she fired a six-over par 78, but lost in a four-way, sudden-death playoff. Her 159 total in the Concordia Invite is the fourth-best in school history and gives her four of the top five 36-hole totals in school history.

#### Kali Griggs, Gustavus

Week of: 2008-09-02



Gustavus Adolphus College junior **Kali Griggs** (Burnsville, Minn./Visitation) fired a 80-79--159 (+14) to finish in fourth place and lead Gustavus to a one shot victory over Wartburg College at the UW-Eau Claire Invitational over the weekend. The Gusties posted a 36-hole team score of 314-332--646.